

# IT'S SAFE, SANS DRUGS

No other therapy takes you back to the past to heal, says a practitioner

Is there a need in these times for PLR therapists?

Yes, there is a huge need because it addresses the root causes of many ailments, which are sometimes missed out in traditional methods that are incapable

of unearthing problems carried forward from a previous lifetime. Further, the method is safe, does not require any drugs and is much faster than the usual traditional methods. It does not require the client to be

in therapy for years and then become dependent on drugs or the doctor as may happen in some other practices. However, it's still in a nascent stage in India, unlike in the West and so people getting into the profession today will be well poised to catch the tide as it turns.

What kind of mindset should a PLR therapist have?

He or she should have the desire to help and be of service to people who are troubled by mental, emotional,

physical or spiritual issues.

A belief in past life is a must, right?

For the client, this belief is not a must for the therapy to be effective. For the PLR therapist I suppose someone who does not believe in reincarnation will not get into it.

Are you absolutely convinced about the rebirth theory? Why?

Yes I am. Why? You will have to experience it for yourself. I cannot transfer belief in any way.

Interviewed by Ayesha Banerjee

I am convinced (about rebirth). You will have to experience it for yourself. I cannot transfer belief in any way

— Gurpreet Singh,  
past life regression therapist

