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Entity Releasement

"The conviction that spirits possess living people is based on the premise that life does continue after death. Earthbound entities are simply those who did not make the natural transition to higher planes of existence. Possession reinforces the evidence suggesting that only the physical body dies and that personality survives, that we are immortal beings."

- Edith Fiore



Gurpreet Singh

What Is An Entity?

In this work an Entity means a disembodied or disincarnate soul i.e. it is an individual who has died but for some reason is stuck to the earth plane and has not crossed over to the astral realms.

How Does An Entity Become Earthbound?

There are many occasions when the dying person may be unable to cross over to the astral planes and gets stuck to the earth plane. The primarily found reasons for such an occurrence are:

- The Death is very traumatic or sudden and the person does not discover that he has died. Battlefield and accident casualties may also fall in this category.
- The person has strong attachments to persons or material things and is hence not able to move on. In some cases the attachment may be to one's own body.
- Addictions of any kind, especially drugs, alcohol and sex, may keep the person here in an attempt to continue to somehow derive the pleasure / sensations that they got from their addictions when they were in a body.
- Strong Religious beliefs may prevent a person from moving on post death when they have led a sinful life,

in their opinion, and believe in the existence of Hell.

- A desire for revenge or a misguided sense of unfinished business may also keep the dead earth bound.
- Some are so ashamed of their deeds, committed while in a body on earth that they do not want to move on and face their spirit guides and ancestors.

Why Does An Entity Possess A Living Person?

Most entities are just lost wandering souls. They are mostly confused, unhappy, frustrated and without any peace. They are worthy of our deepest compassion for there is nothing more pitiable than a soul that has lost its way. Most disembodied souls are not aware of where they are or how long they have been in that state - some are not even aware that they are dead. In an attempt to find safety and comfort they are attracted to the energy of the living and finding the living body in a state of weakness they may enter.

Some enter the living with an intention to help, though their effect on the living is just as harmful. At other times the living invite the possession due to error, compassion, some past life connection or some hidden benefit.

Finally there are entities that possess for a reason. This may range from a desire for revenge to a need to satisfy their addictions or as a consequence of some karmic interaction. However, the reality is that all possessions are facilitated by the host.

Which Are The High Risk Areas?

There are some places that have preponderance of disembodied souls and exposure to these areas when an individual is in a state of weakness may facilitate possessions. Commonly accepted high-risk areas are hospitals, cemeteries, funeral homes and sites of massacres / genocide. Battlefields where a large number of people have died too would have a large invisible floating population.

What Causes Weakness In the Living That May Lead To Possession?

The aura of the living vibrates at a frequency that is much higher than the frequency at which the aura of the dead / disembodied soul vibrates. Hence it is not possible for a possession to take place unless the living have invited the possession or are in a state of having weakened boundaries which are not able to resist the intrusion taking place.

Loss of spiritual power, soul loss, severe illness, extreme fatigue, deep grief, depression, drug or alcohol abuse may all cause the aura of the living to weaken to a dangerously low level at which disembodied beings can enter and become possessing Entities.

What Are The Various Kinds Of Possessions?

Possessing Entities can be classified in various ways to build understanding of the nature of possessions. Entities may be passive (not aware that they are dead and are in living host) or Active (completely aware of their status and circumstances). They may be misguided, mischievous or malevolent.

Possession of the living may be by the "LIVING" or by "Disembodied Beings".

Possessing Entities may be classified depending on the extent of intrusion.

Shadowing: The Entity is shadowing the living and is outside the physical body and the aura.

Oppression: The Entity is inside the host's aura and has an effect on the host's emotions.

Obsession: The Entity is inside the physical body and has brought along its personality traits and habits.

Complete Possession: Entity is inside the physical body and completely pushes out the host's psyche thus completely taking over the body.

What Are The Symptoms And Effects Of Possessions?

Possessed people will most commonly speak of hearing voices, feeling of not being oneself, sense of someone else residing in the body, feeling that someone or

something is controlling their thoughts and / or behaviour or peculiar pains and aches that have no medical cause. All these symptoms may also belong to other causes and these other possibilities must be ruled out and a case of possession clearly determined before proceeding further on this route.

Once Entities come in they have a stranglehold on the host. The first Entity is usually the one that leads to a complete collapse of the boundaries of an individual and it makes the individual increasingly weaker with the passage of time, thereafter many more entities walk in. It is rather rare to find a case that will have only one intrusion.

Entities freeze at the time of their death and carry forward their physical, emotional and mental state that they had at the time of death, into the bodies of the host. So if an old man possesses a young person the young host may feel aches, pains, fatigue, arthritis and blurred vision. Entities will bring the imprint of their physical bodies into the host causing for example obesity, hypertension, asthma, allergies etc. They will also bring their emotional imprint of anxieties; fears or phobias (from a memory of their death experience that they clearly remember) Possession also cause mental problems like lack of concentration, memory problems or a loss of former aptitudes. No matter how possessions take place their effects on the host are always negative and sometimes fatal. Possessions by addicts may lead to accident and death due to overdose in the host. (Therapists have discovered that 100% of the addicts that come in for therapy are cases of either possession or soul loss.)

How Common Are Possessions Of The Living By The Dead?

More people have died traumatic deaths in a last few hundred years than in the entire previous period of human history. A lot of these disembodied souls are stuck to the earth plane contributing to a phenomenal amount of physic debris leading to all kinds of problems in the living, including a greater likelihood of possession.

True 100% possessions are confined to mental hospitals and jails. However Obsessions are so common in the living that it can be almost called "Normal". Unawareness on the widespread nature of this malady and lack of knowledge of the symptoms, I have found, keeps individual in therapy for very long time periods because the actual cause is never identified and handled.

Entity Releasement Therapy (Depossessions)

All "Entity Releasement Work" is specialized work and should only be attempted by someone who has been trained to handle this work. It is not uncommon for

Entities to come out of the host and enter into the body of the untrained practitioner. Further, entities attempt to resist removal. This work has to be done with understanding and compassion and the therapy of the Entity is as important as that of the possessed person. So basically this work requires the release of the Entity from the host's body and helping it reach it's vibrational frequency level in the astral plains so that each is able to let the other go and bring this destructive parasitic relationship to an end. This work can be done using the tools of past life regression.

Why Is External Help Preferred In Depossession Work?

There is always a deep karmic connection between the possessing entity and the host. This can be broken through spiritual understanding and an increase in the spiritual energy level of the host, but weakening of the host due to possession makes it difficult for this to be achieved. Even though the host practices meditation, the quality of meditation is affected by the possession. External help is therefore used to bring about complete release. However, this needs to be followed up by regular meditation, understanding the root cause, and completely living the spiritual wisdom gained. Failure to do so often results in the host attracting the same or similar entities.

What Are The Post Depossession Results?

The results post depossession-work are often dramatic. All the symptoms that were related to the possession; physical, emotional and mental, disappear immediately. Additionally individuals speak of feeling very light. There is always a great feeling of peace & mental calm.

Case Study 1. - Shadowing

Suman, a therapist, was interacting unknowingly with a client suffering from multiple possessions and shadowing. After the first meeting with the client she suddenly started feeling very low & depressed. She passed it off as just the energies of the visiting person. However, by the next day her face started changing - developing weird contours and very dark patches around the eyes. By the third day aches and pains started in the body and she had difficulty in moving about. On examining her case I found that it was a case of shadowing where an Entity shadowing her client had moved from the client to her. A session was done for entity release that night and by next morning all symptoms including the dark patches below the eyes and disfiguring of the face had disappeared.

Case Study 2. - Possession by Invitation

Komal had an ability to see spirit. At a young age she saw a lady sitting on her window sill, looking very sad. Komal suggested to the lady that she stay with her if she was so sad. Somewhere along the line the Entity entered the young child leading to a case of possession. When Komal

approached me she complained of something being around her, something being in her, hearing voices, not having good relationships, a weight problem, depression etc. Diagnosis showed that Komal's condition was the result of the possession of her body by this disembodied woman whom she had invited into her life at an early age. The possessing Entity, on the last day that it was in its own body, had been brutally murdered by her relatives while her husband had been a mute spectator. She froze at the time of her death and had brought along her emotional state when she entered Komal's body. Hence Komal too displayed rigidity, inflexibility, mistrust of close relatives and a complete lack of trust and relationship with her husband. (When possession take place at an early age it is difficult for the parents to suspect that something is wrong because there are no before and after symptoms for comparison) Post depossession, she immediately felt light, elated, depression disappeared, there was an immediate positive shift in all her relationships including with her husband and after many years she was able to sleep peacefully without the feeling that there was someone else around.

Case Study 3. - Possession By An Addict From A Past Life

Vivek, a 15 year old, was a drug addict. He knew that the drugs were harming his body and he desperately wanted to give up the habit but no matter what he tried he was not able to kick the habit. He had been repeatedly confined to rehabilitation centers, had tried various alternate healing methods; all to no avail. When I took up his work I found that he was a case of being possessed by an Entity that had come in from a past life in which Vivek was a drug dealer and had contributed to the traumatic death of the Entity by entrapping him into the habit of taking drugs and preventing him from giving it up. (Entities can come from any time period in history and will sometimes move down the family tree trying to exact revenge for generations) Infact he had got the whole family hooked to drugs leading to their early deaths in rather difficult circumstances. Seeing the manner of the deaths of his family the Entity had vowed revenge and waited till Vivek incarnated. He possessed him early in life and by the time Vivek was in his early teens he had a severe drug problem and had often taken an overdose. (This is not surprising considering that the objective of the Entity was to kill him) After the depossession work Vivek suddenly lost all cravings for drugs and over the next 40 days was able to completely get off the habit without any external pressure.

- Gurpreet Singh

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